

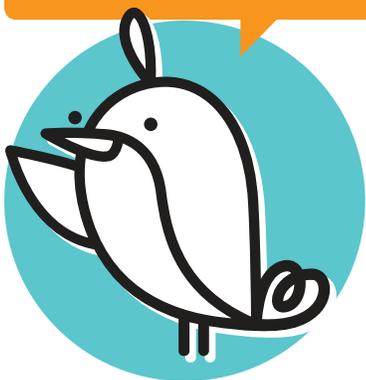


Grade 3 • Ages 8-9

Complimenting Others

Students will learn to accept and appreciate others, their differences and similarities, talents and strengths helps students understand each other better. Complimenting others allows students to practice acknowledging and valuing everyone for who they are.

Kindness means being friendly, generous or considerate to ourselves and others through our words, thoughts and actions.



Unit Objective

Students will identify and acknowledge the value of their own and other people's talents and strengths, and discover how to compliment others on their strengths.

Introducing This Unit To Your Students

For the next few days (or weeks), we are going to learn about our own and other people's talents and abilities, and how to compliment each other on those abilities.

Use this time to introduce the Kindness Concepts (respect, self-care) and create community definitions for these concepts or share the definitions listed below. Consider using the Kindness Concept Posters for respect and self-care as a way to reinforce learning.

Kindness Concepts

Consider writing key terms on the board before class to introduce vocabulary and increase understanding.

RESPECT Treating people, places, and things with kindness.

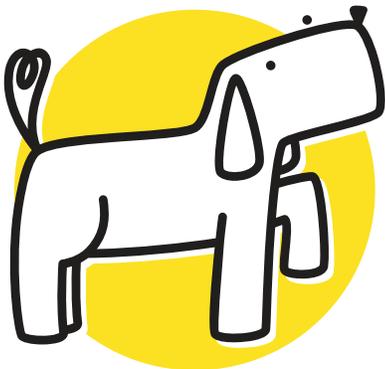
SELF-CARE Taking care of yourself through kind words, actions and thoughts.

These lesson plans were created by The Random Acts of Kindness Foundation. For more information, please visit randomactsofkindness.org

If you have questions or comments, please email us at teacherhelp@randomactsofkindness.org

Unit Lessons

LESSON TITLE	LESSON GOALS	LESSON MATERIALS
Lesson 1: Who Am I?	Students will identify their talents, strengths, dreams and areas they want to improve or develop further.	<ul style="list-style-type: none">• Who Am I? activity sheet, one for each student
Lesson 2: Who Are You?	Students will recognize talents and strengths that other classmates have.	<ul style="list-style-type: none">• Who Are You? Bingo, one for each student (Note: Copy the Who Am I? and Who Are You? Bingo sheets back to back)• (Optional) Prizes for Bingo
Lesson 3: Genuine Compliments	Students will identify the importance of giving genuine compliments that focus on a person's talents/abilities and will practice giving their classmates compliments.	<ul style="list-style-type: none">• Completed bingo game sheet• Chart paper• (Optional) Papers or popsicle sticks with students names written
Lesson 4: Creative Compliment Cards	Students will design a compliment card for a friend, family member or someone else they care about.	<ul style="list-style-type: none">• Pencils, markers or colored pencils• Card stock• Old magazines for students to cut up for card making activity• Scissors



Unit Notes

The activities in this lesson focus on a central theme and connect to different academic curriculum areas.

The lessons are intended to be easy to teach and fun to use while helping to develop social and emotional skills.

Lesson activities use a variety of modalities to address different learning styles and build on each other.

Each lesson includes choice of evaluation or reflection questions, which can be written, discussed or used as journal entries. Consider writing these on the board before the lesson begins.

The activities also incorporate key Kindness Concepts, which can be introduced before teaching the lesson or as the concepts are discussed in the lesson. Consider displaying the [Kindness Concept Posters](#) during the unit. See the [RAK Educator Guide](#) and [Building Trust in the Classroom](#) for information about using Kindness Concepts to create a healthy classroom environment and help students develop pro-social behaviors.

Each activity includes tips for how to adapt the curriculum to meet the needs of diverse learners.

[The Kindness Tool Kit](#) is another way to meet the needs of diverse learners. See the [RAK Educator Guide](#) for how to create and use this tool kit.

RAK also has developed [Focusing Strategies](#) and [Problem-Solving Strategies](#) to help students better regulate their emotions, think through challenging situations, and build healthy relationships, friendships and community. See the [RAK Educator Guide](#) for more information about incorporating those strategies into the unit.

Establishing kindness as the norm in your classroom positively influences classroom culture. By setting kindness as the expected behavior and having everyone agree to that norm, your students gain responsibility for maintaining an environment that is kind to everyone

Regularly revisiting the topics or questions raised during discussions will expand student understanding of the concepts. Scripted explanations are provided, but feel free to use language that feels natural for you.

The Common Core, 21st Century, SEL and Colorado P-12 Academic Standards met in this unit are listed at the start of each lesson. A [Learning Standards Key](#) is provided on the website for your reference.

